

Supermac's Allergen Chart 2021

(Rev 12; January 2021)

	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide & Sulphites	Lupin	Molluscs
Fries & Dressed Fries														
Seasoned Fries	T			T		Y	Y							
Unseasoned Fries (Request from server on ordering)	T			T										
Taco Fries	T		Y	T		Y	Y			Y				
Garlic Fries	T		Y	T		Y	Y			Y				
Garlic & Cheese Fries	T		Y	T		Y	Y			Y				
Curry Fries	Y(W)			T		Y	Y		Y	Y				
Curry Cheese Fries	Y(W)			T		Y	Y		Y	Y				
Cheese Fries	T			T		Y	Y							
Coleslaw Fries	T		Y	T		Y	Y			Y				
Fry Seasoning (Applied to fries post cooking)						Y	Y							
Beef & Burger Products														
Fresh 7.5oz Burger	Y(W/B)		Y			Y	Y		Y	Y	Y			
Fresh 5oz Burger	Y(W/B)		Y			Y	Y		Y	Y	Y			
Fresh 5oz Burger with Bacon & Cheese	Y(W/B)		Y			Y	Y		Y	Y	Y			
Festive 5oz Burger	Y(W)		Y			Y	Y			Y	Y			
Smokey Bacon Burger	Y(W)		Y			Y	Y			Y	Y			
Mighty Mac Burger	Y(W)		Y			Y	Y		Y	Y	Y			
Cheeseburger / Double Cheeseburger	Y(W/B)		Y			Y	Y		Y	Y				
Regular Burger (with burger sauce)	Y(W)		Y			Y	Y			Y				
Salad Burger	Y(W)		Y			Y	Y			Y				
Salad Bun	Y(W)		Y			Y	Y			Y				
Chicken Products														
Chicken Breast Sandwich	Y(W)		Y	T		Y				Y	Y			
Grilled Chicken Breast Sandwich (No Sauce)	Y(W/R)		Y			Y	Y		Y		Y			
Chicken Wrap (Fresh Tenders) with Garlic Sauce	Y(W)		Y	T		Y				Y				
Chicken Wrap (Frozen Tenders) with Garlic Sauce	Y(W)		Y	T		Y				Y				
Chicken Tenders Portion (Frozen - Glenhaven)	Y(W)			T		T								
Chicken Tenders Portion (Fresh)	Y(W)		Y	T		Y								
Chicken Pieces (snackbox, lunchbox etc)	Y(W)					Y			Y					
Chicken Nuggets (Glenhaven & Grove Fm)	Y(W)		Y	T		Y								
Chicken Burger	Y(W)		Y	T		Y				Y	Y			
Breakfast Products														
Delux Breakfast Roll	Y(W/B)		Y	T		Y	Y		Y			Y		
Regular Breakfast Roll	Y(W/B)		Y	T		T			Y			Y		
Breakki Mac	Y(W/B)		Y	T		Y			Y			Y		
Sausages (Cocktail, Jumbo & Regular)	Y(W)			T		T						Y		
Breakfast Bacon														
Black Pudding	Y(W/O)			T		T								
White Pudding	Y(W/O)			T		T								
Beans														
Hash Browns	T			T		T								
Other Products														
Battered Cod	Y(W)			Y		Y								
Cooking Oil (Prep ZT / Frylite)						Y								
Veggie Burger (With Chipotle Mayo)	Y(W/R/O)		Y	T		Y	Y			Y	Y			
Onion Rings (Diggers)	Y(W)			T		Y								
Coleslaw			Y							Y				
Sauces														
BBQ Sauce Bottle (PJs)	Y(B)									Y				
Chipotle Mayo (Presto)			Y							Y				
Malt Vinegar Sachets (Hammonds)	Y(B)													
Chilli Sauce (Hammonds)														
Ketchup (Blenders) Sachets & Bulk	Y(B)													
Ketchup (Heinz) Sachets & Lobby Dispensers									Y					
Mayo Sachets (Hellmanns)			Y			Y								
Curry Sauce (Mc Donnell's)	Y(W)								Y	Y				
Tartare Sauce Sachets (Blenders)			Y							Y				
Mayonnaise - Extra Thick (Blenders)			Y							Y				
Garlic Mayo Dip Pots (Blenders)			Y							Y				
Burger Sauce Dip Pots (Blenders)			Y							Y				
Blenders Smokey Sauce Bottles			Y							Y				
Supermacs BBQ Dip														
Supermacs Sweet & Sour Dip														
Light Mayo (Presto Spice O Life)			Y							Y				
Desserts														
Plain Ice Cream							Y							
Regular Cone (Cone & Ice Cream)	Y(W)					Y	Y							
99 Cone with flake	Y(W)					Y	Y							
Chocolate Muffin with Ice Cream	Y(W)		Y			Y	Y							
Blueberry Muffin with Ice Cream	Y(W)		Y			Y	Y							
Hard Ice Cream w/cone (See scoop allergy chart)														
Triple Chocolate Cookie & Ice Cream	Y(W)		Y			Y	Y							
White Chocolate Cookie & Ice Cream	Y(W)		Y			Y	Y							
Cookie & Ice Cream	Y(W)		Y			Y	Y							
Malteser Swirley with Caramel Sauce	Y(W/B)					Y	Y							
Button (Cadburys) Swirley with Caramel Sauce							Y							
Aero Mint Bubble Swirley with Caramel Sauce							Y							
Caramel Nibbles Swirley with Caramel Sauce							Y							
Oreo Biscuit	Y(W)					Y								
Ferrero Rocher	Y(W)					Y	Y	Y(Hazel)						
Monin Syrups(Lime, Kiwi, Cherry, Mango, Straw, Dark Choc)														
Monin Caramel Syrup							Y							
Strawberry Milkshake (Monin Syrup)							Y							
Chocolate Milkshake (Monin Syrup)							Y							
Vanilla Milkshake							Y							
Ice Cream Sprinkles (100's and 1000's)														
Drinks														
Coke (From drinks dispenser)														
Diet Coke (From drinks dispenser)														
Sprite (From drinks dispenser)														
Fanta (From drinks dispenser)														
Tea with Milk							Y							
Americano with milk							Y							
Cappuccino							Y							
Mocha							Y							
Latte							Y							
Hot Chocolate							Y							
Slushee														
Kids Meals														
Fries	T			T		Y	Y							
Regular Burger with Ketchup	Y(W/B)					Y			Y					
Chicken Nuggets	Y(W)		Y	T		Y								
Sausages -Loughnanes	Y(W)			T		T						Y		
Breaded Chicken Piece	Y(W)					Y								
Drink (Fruice, Mineral, Ribena, Water) - No Allergens														

"Y" highlighted in blue above indicates that the particular allergen is present in the product. "T" indicates that there is a possibility of trace allergens in the cooking oil. Products containing gluten have a letter assigned to indicate which cereal the gluten comes from as follows: (W)Wheat, (B)Barley, (R)Rye, (O)Oats

In compliance with Regulation No (EU) 1169/2011 on the provision of food information to Consumers, Supermacs Ireland have made this information available to assist its customers in making safe and informed decisions on their food choice. If however you as a customer have any specific requests, uncertainty or require additional information, please contact 091-774100 or check out our website www.supermacs.ie for more allergen information.

Information regarding allergens is correct at print (Jan 2021) but is subject to change without notice, depending on supplier and availability of product. Supermacs will review and update this information regularly. This list was compiled based on information provided by our Suppliers and Manufacturers. Supermacs disclaims responsibility for any decisions made by its customers regarding consumption of their food.

