



ALLERGEN INFORMATION - REVISION 23; APR 2026



In compliance with Regulation No. EU 1169/2011 on the provision of food information to Consumers, Supermac's Ireland have made this information available to assist its customers in making safe and informed decisions on their food choice. Allergen information is reviewed and updated regularly.

" **Y** " in this chart indicates that the allergen is present in the particular food product.

T = MAY CONTAIN TRACES as outlined by the manufacturer.

Products containing Gluten are identified with the following letters to indicate which cereal the Gluten comes from;

O - OATS | B - BARLEY | W - WHEAT | R - RYE

Any product containing nuts identifies the type of nut that is present.

Information regarding allergens is correct at time of publication (**APR 2026**) but is subject to change without notice, depending on supplier and product availability

Great care is taken in the preparation of food, however,

CUSTOMERS SHOULD NOTE THAT CROSS CONTAMINATION RISKS ARE POSSIBLE.

This list is compiled based on information provided by Suppliers, Supermac's / Papa Johns disclaims responsibility for any decisions made by its customers regarding consumption of its food.

If you have any specific requests or uncertainty,

Please contact **091 774 100** or visit our website at **www.supermacs.ie**

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0.1 SALADS & FILLERS

ALLERGENS

	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHATES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
LETTUCE / RED CABBAGE														
ROCKET LEAVES														
PINEAPPLE / SWEETCORN														
JALAPENOS														
GHERKINS/PICKLES														
SLOW ROASTED/ SEMI SUNDRIED TOMATOES														

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE

0.1 SALADS & FILLERS - CONT.

ALLERGENS														
	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHATES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
SAGE & ONION STUFFING	Y(W)							Y		Y				Y
MOZZARELLA SLICES										Y				
RED CHEDDAR SLICES										Y				
MEXICANA CHEESE SLICES										Y				
PARMESAN			Y							Y				
CROUTONS / FRIED CRISPY ONIONS	Y(W)													

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE

0.2 MEATS - CONT.

ALLERGENS														
	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHATES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
HAM	T	T								T				
CHICKEN BREAST							Y							
TURKEY SLICES	T(W)													
CAJUN CHICKEN							Y							

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE

0.2 MEATS - CONT.

ALLERGENS														
	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHITES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
BACON STRIP														
TUNA & LIGHT MAYO			Y				Y				Y			
PEPPERONI / CHORIZO														
MEATBALLS	Y(W)													
VEGAN SAUSAGE	Y (W/B)	Y							Y					

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE

0.3 SOUPS

ALLERGENS														
	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHATES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
HEARTY VEGETABLE		Y				Y								
ROAST TOMATO AND RED PEPPER		Y				Y								
MEXICAN CHILLI BEAN SOUP		Y				Y								
CREAM OF CAULIFLOWER		Y				Y				Y				
BUTTERNUT SQUASH		Y				Y								

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE

0.4 SAUCES & DIPS

ALLERGENS

	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHATES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
LIGHT MAYO / CHIPOTLE MAYO			Y				Y							
CHIPOTLE MAYO			Y				Y							
BOURBON BBQ SAUCE							Y							
JALAPENO PEPPER RELISH									Y					
STICKY ONION JAM	Y(B)								Y					
SMOKY HONEY MAYO			Y				Y							

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE

0.4 SAUCES & DIPS - CONT.

ALLERGENS														
	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHATES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
SWEET CHILLI SAUCE														
CAESAR DRESSING			Y				Y			Y	Y			
GREEN PESTO (PINENUTS & OTHER)				T	Y					Y				
RANCH BUTTERMILK DRESSING			Y							Y				
HONEY & MUSTARD							Y							
KERALA / MANGO MAYO			Y				Y							

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE

0.4 SAUCES & DIPS - CONT.

ALLERGENS														
	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHATES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
KOREAN BBQ MAYO	Y(B)	Y						Y						
CAJUN CHICKEN SEASONING														
SPICE BAG MAYO			Y											
GARLIC BREAD SPREAD										Y				
MAYONNAISE / GARLIC MAYO			Y				Y							
BALLYMALOE RELISH / CRANBERRY							Y							

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE

0.5 BREADS

ALLERGENS

	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHATES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
WHITE ITALIAN CIABATTA	Y (W)	T	T					T		T				
WHOLEMEAL BROWN SUB	Y (W/B)	T	T					T		T				
WHITE WRAP	Y(W)													
WHOLEMEAL WRAP	Y(W)													

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE

0.5 BREADS - CONT.

ALLERGENS														
	CEREALS CONTAINING GLUTEN	SOYA BEAN	EGG	PEANUTS	NUTS	CELERY	MUSTARD	SESAME SEEDS	SULPHUR DIOXIDE & SUPHATES	MILK	FISH	MOLLUSC	CRUSTACEAN	LUPIN
GLUTEN FREE BAP		Y						Y						
LIGHT WHOLEMEAL MULTI-SEED	Y (W/B/R)	Y	T					Y		T				
CHIA SEED SUB	Y (W/B/O)				T			T						
RUSTIC SOURDOUGH	Y(W)													
FOCACCIA	Y(W)	T						T		T				

Y - PRESENT | T - TRACES | O - OATS | B - BARLEY | W - WHEAT | R - RYE